

Santa Rosa Junior College

Program Resource Planning Process

Kinesiology Athletics and Dance 2022

1.1a Mission

1.1a Mission Statement:

Kinesiology, Athletics and Dance Department Mission Statement:

The SRJC Kinesiology, Athletics, Adapted PE and Dance Department's mission is to prepare students for successful transfer to baccalaureate (four-year) institutions as well as prepare students for jobs within the fitness, athletic training, and coaching industry. In addition to transfer and career oriented degrees and certificates, courses in kinesiology, athletics, and dance offer opportunities for students to gain knowledge and skills in physical fitness, aquatics, combatives, athletic training and athletics. Students will learn how to sustain safe and effective, lifelong physical activity for a healthy and productive life. In addition, students will understand the connection between physical activity and one's physical and cognitive well-being.

The KAD Dean's office supports all four departments and their respective programs in providing high quality Kinesiology, Dance and Intercollegiate Athletics teams and related lower division courses that satisfy the requirements for General Education, as well as both Kinesiology and Dance majors. The KAD Dean's office also supports a number of Career and Technical programs that serve students and the surrounding community.

A major responsibility of the KAD Dean's office is to maintain and guarantee the athletic eligibility status of over 500 student-athletes annually, and to insure all CCCAA and Big 8 Conference rules and regulations are adhered to fully.

It is the mission of the Santa Rosa Junior College Kinesiology, Athletics, Adapted PE and Dance Cluster to provide instruction and activities founded upon sound physical education theory. We will do our best to offer the athletic, physical education and dance opportunities our students and community desire. The Santa Rosa Junior College Kinesiology, Athletics, Adapted PE and Dance Cluster strives to provide:

1. Physical activities which have meaning and significance for the individual, thereby providing an interest in long term participation and lifelong fitness.
2. Physical activities that provide measurable physiological outcomes for the participant.

3. Physical activities that support our most at risk community members.

1.1b Mission Alignment

1.1b Mission Alignment:

Our vision is...

- 1. Make and sustain a positive impact on all students**
- 2. Engage the whole person**
- 3. Change lives in a positive way**

Our core values are...

- 1. Learning**
- 2. Academic Excellence**
- 3. Sustainability**
- 4. Diversity**
- 5. Community**
- 6. Compassion**
- 7. Innovation**

KAD Strategic Goals

- 1. Support & promote teaching excellence in all Kinesiology, Athletic and Dance majors, certificates and programs.**
- 2. Engage students & spark intellectual curiosity in learner-centered environments by promoting staff development and best practices within the cluster.**
- 3. Integrate academic & student support services across the college by providing a Student Athlete Orientation Day along with individual instructor mentoring for students, expanded academic counseling and informational seminars including SHS, DRD, SPS and other campus**
- 4. Identify & implement responsive instructional practices that increase the learning & success of our diverse students by understanding cultural differences that enhance our ability to serve our diverse population.**
- 5. Identify and implement methods to help students develop a vision for their own lives, expanding opportunities for civic engagement and collaborative leadership, while obtaining feedback through use of student surveys.**

Our mission matches the most fundamental goal of the college: "serving the educational needs of our students and community through programs and courses that maintain high academic standards and develop a respect for learning in all of our students." The KAD courses are well known for academic and physical rigor. Our programs and classes help many students reach their educational and physical goals. We teach the needed classes to transfer to four year colleges and we respond to change. As a result, our class schedule is continually changing with new trends coming and going all the time.

The Kinesiology, Athletics and Dance Cluster has made contributions that serve the college and our students, that are aligned with each of the college initiatives.

1. Community Outreach: We currently have 15 sport teams and a comprehensive dance department. Every one of these programs is recruiting year round to bring in the most talented student athletes possible. In addition every one of these programs offers camps, clinics and an open door policy to the local coaches, teachers and dance professionals. Our fitness certificate and yoga teacher training program collaborates with local businesses to build partnerships for student internships and to keep a pulse on industry changes and needs.

2. Multi Campus Coordination: Our Chair has distributed release time to a full time faculty members on the Petaluma Campus and in other areas to help serve as the point person for our cluster.

3. Institutional Planning: Our department has a facilities planning committee that helps organize all of our department's requests and needs. This committee also oversees our current facilities to help maintain as well as modify when needed to adapt to the ever changing field of KAD. Our department curriculum and full-time faculty members have worked hard to write new curriculum. Our cluster understands the obstacles that are in place and have responded by staying flexible and being proactive in writing new courses.

4. Accreditation: We currently have a few members of the cluster whom worked on the most recent accreditation.

5. Student Learning Outcomes and Assessments: We continually hold department workshops a few times a year to help stay current with our SLO and Assessments. .

6. Basic Skills: KAD helps to build a classroom community by engaging positive communication and collaboration and strives to educate students about student services available such as: disability resources, counseling, and writing and math tutorial centers.

7. Enrollment Management: Our department has continually made adjustments to our schedule when asked. We have cut more than most departments in the district and we have always tried to be at the forefront of technology to help improve our enrollments.

1.1c Description

1.1c Description:

The Department of Kinesiology, Athletics, Adapted PE and Dance offer a comprehensive, well-rounded program that meets the needs of SRJC's varied student population. A wide variety of lecture, and activity classes accommodate students who range in age from high school students to senior

adults. Students may participate in classes on an individual basis that emphasize transferring to 4 year universities as kinesiology majors, obtaining certificates or learning lifelong physical fitness and wellness strategies in one of a variety of fitness courses, including aerobics, step aerobics, body conditioning, pilates, yoga, dance, weight training, aquatic fitness, and aqua calisthenics. Students may also participate in individual sports training by enrolling in classes such as golf, tennis, wrestling, track and field, or combatives. Team sports offerings include badminton, basketball, football, soccer and volleyball..

Our numerous class offerings and the next generation of sonoma county HS students will be taking advantage of our newly renovated facilities that include but are not limited to the following;

1. Track and Football field
2. Weight room that will be fully renovated with new equipment, upgraded technology and a new HVAC system.
3. Gym that has a renovated floor, upgraded lights and new scoreboards.
4. Brand new bermuda soccer field for our growing population of soccer studnets.
5. Brand new 52 meter olympic swimming pool.
6. Brand new softball and baseball fields.

KAD Report

The following report is a snap shot of the Kinesiology, Athletics, Adapted PE and Dance Department at Santa Rosa Junior College. The report was created to provide accurate and relevant information that can be used to help guide our district through the current budget crisis.

KAD Report includes the following:

KAD Contributions to students at SRJC

KAD Contributions to our district

Kinesiology

Kinesiology, the study of human movement, is achieved through scholarly study that includes both lecture core courses and physical activ-ity experience in lab classes. Lab classes, physical instruction, and practice are **fundamental** to the nature of the disciplines of Dance and Kinesiology. One must experience the *kinesthetic* aspect to learn safe and effective physical skills to truly be effective professionals, teach-ers, and leaders in this growing industry and educational pathway. Currently, Kinesiology is the 7th most popular major at CSUs and careers in this area are expected to grow faster than average according to current labor market data.

Kinesiology majors are required to take a *minimum* of two, one unit courses of physical education/activity. This is a part of the Transfer Model Curriculum for Kinesiology as well as SRJC’s Associate’s Degree in Kinesiology. Future Physical Education teachers need to take a variety considering they are teaching fitness-based and sport-related physical education and need exposure to all types of movement and forms. Future coaches need to take a variety since they are many times involved in skill development and safe and effective conditioning programs for their athletes.

CSUs that require units of Kinesiology Physical Activity courses in a variety of areas including dance, individual and team sports, fitness, combatives, and aquatics

CSU	Kines Major Requirement	General Ed Requirement for All Majors
SJSU	4 Units	2 units
SFSU	8 units	
SDSU	2 units	
CSU – Long Beach	2 units	
CSU – Fullerton	6 units	

In addition, fitness-based Kinesiology activity courses are required courses for students wanting to complete the Fitness, Nutrition, and Health Certificate or Degree at SRJC. Learning the practical skills in becoming a group fitness instructor or personal trainer come directly from weight training, body conditioning, Pilates, and yoga classes. They use these same courses to become teaching aides to gain practical skills leading group classes and working one-on-one in fitness instruction.

Dance

Dance is also an academic discipline; it encompasses the elements of a performing art, as well as the science of movement. Students enrolled in dance classes have several options of study. The Dance Program at SRJC offers an AA degree, certificates in Ballet, Jazz, Modern, and Hip Hop/Funk and the general student population may experience dance as a means to enhance physical fitness, wellness, coordination, and grace. Dance technique classes are the essential training tools for students preparing to transfer as dance majors. Dance auditions are required for entrance in to public state and private colleges and universities, most of which will hold the transfer student to a higher technical ability level.

The SRJC dance program, specifically the certificate programs, assists in preparing students for careers in dance, including the areas of choreography, dance performance and private dance instruction. It is critical to maintain the diversity of instruction and course offerings to service the students in classes and the many options they have involving their dance training.

Career Paths

Athletic Training/Sports Medicine
Physical or Occupational Therapy
Group Fitness Instructors
Physical Education Teachers
Program Director of Corporate Fitness
Center/Resorts
Yoga and Pilates Instructors
Personal Trainers
Community based sport and fitness instructors
Adapted Physical Activity
Aquatics Director
Sport Coaches
Dance teachers
Athletic Administration
Biomechanist
Cardiac Rehabilitation Specialist
Pre-Chiropractic
Director of Youth Camps/Sport Programs
Epidemiologist- Physical Activity
Exercise Physiologist
Massage Therapy
Pre-Med
Physician's Assistant Preparation
Professor of Kinesiology, Physical Education
Recreational Therapist
Respiration Therapist
Sport Management
Sport Psychologist for Performance Enhancement
Sports Information Director
Sports Journalist
Sports Marketing
Sports Officiating

Academic and Health Benefits for Non-Majors:

Studies have shown a link between exercise and increased cognitive function (memory, learning, concentration, and higher test scores)

Obvious health benefits (lower stress, depression, anxiety, improved immune function, higher productivity, decreased absenteeism)

Courses in KAD are vital, not recreational, and directly related to student's academic goals.

What does the SRJC KAD Department Offer?

- Majors and Certificates for transfer students
- Alignment with the Transfer Model Curriculum (TMC) we are currently waiting approval.
- We offer lecture courses that include Kinesiology, Health and Wellness, Sports & Training Theory, Athletic Training, Dance & Dance History
- We offer lab courses that include Kinesiology, Athletic Training, Physical Activity, Team Sports, Individual Sports and Dance

What career paths are available to Kinesiology Majors?

- There are over 30 existing career paths at the CSU's for Kinesiology Majors
- Our certificate programs at SRJC offer graduates immediate job opportunities in fitness and training

Kinesiology majors have careers in

Sports Medicine
Cardiac Rehabilitation
Biomechanics
Physical Therapy
Occupational Therapy
Ergonomics
Corporate Fitness
Sports Management
Athletic Administration
Sports Broadcasting
Exercise Physiology
Sports Psychology
Coaching
Sports Officiating
Teaching

Lack of physical activity leads to...

Obesity
Diabetes
Heart Disease
Stroke
Blood Clots
Increased absenteeism
Changes in immune system
Increased risk of injuries
Fatty liver disease
Osteoporosis
Depression

Reduced work productivity

Kinesiology majors take classes in

Physiology
Anatomy
Physics
Exercise Physiology
Biomechanics
Sport and Exercise
Sport Psychology
Therapeutic Exercise
Health Nutrition
History of Sport
Sociology of Sport
Philosophy of Sport

How Exercise Could Lead to a Better Brain

By GRETCHEN REYNOLDS

Published: April 18, 2012

New York Times

The value of mental-training games may be speculative, as [Dan Hurley writes in his article on the quest to make ourselves smarter](#), but there is another, easy-to-achieve, scientifically proven way to make yourself smarter. Go for a walk or a swim. For more than a decade, neuroscientists and physiologists have been gathering evidence of the beneficial relationship between [exercise](#) and brainpower. But the newest findings make it clear that this isn't just a relationship; it is the relationship. Using sophisticated technologies to examine the workings of individual neurons — and the makeup of brain matter itself — scientists in just the past few months have discovered that exercise appears to build a brain that resists physical shrinkage and enhance cognitive flexibility. Exercise, the latest neuroscience suggests, does more to bolster thinking than thinking does.

The most persuasive evidence comes from several new studies of lab animals living in busy, exciting cages. It has long been known that so-called “enriched” environments — homes filled with toys and engaging, novel tasks — lead to improvements in the brainpower of lab animals. In most instances, such environmental enrichment also includes a running wheel, because mice and rats generally enjoy running. Until recently, there was little research done to tease out the particular effects of running versus those of playing with new toys or engaging the mind in other ways that don't increase the heart rate.

So, last year a team of researchers led by Justin S. Rhodes, a psychology professor at the Beckman Institute for Advanced Science and Technology at the University of Illinois, gathered four groups of mice and set them into four distinct living arrangements. One group lived in a world of sensual and gustatory plenty, dining on nuts, fruits and cheeses, their food occasionally dusted with cinnamon, all of it washed down with variously flavored waters. Their “beds” were colorful plastic igloos occupying one corner of the cage. Neon-hued balls, plastic tunnels, nibble-able blocks, mirrors and seesaws filled other parts of the cage. Group 2 had access to all of these pleasures, plus they had small disc-shaped running wheels in their cages. A third group's cages held no

embellishments, and they received standard, dull kibble. And the fourth group's homes contained the running wheels but no other toys or treats.

All the animals completed a series of cognitive tests at the start of the study and were injected with a substance that allows scientists to track changes in their brain structures. Then they ran, played or, if their environment was unenriched, lolled about in their cages for several months.

Afterward, Rhodes's team put the mice through the same cognitive tests and examined brain tissues. It turned out that the toys and tastes, no matter how stimulating, had not improved the animals' brains.

"Only one thing had mattered," Rhodes says, "and that's whether they had a running wheel." Animals that exercised, whether or not they had any other enrichments in their cages, had healthier brains and performed significantly better on cognitive tests than the other mice. Animals that didn't run, no matter how enriched their world was otherwise, did not improve their brainpower in the complex, lasting ways that Rhodes's team was studying. "They loved the toys," Rhodes says, and the mice rarely ventured into the empty, quieter portions of their cages. But unless they also exercised, they did not become smarter.

Why would exercise build brainpower in ways that thinking might not? The brain, like all muscles and organs, is a tissue, and its function declines with underuse and age. Beginning in our late 20s, most of us will lose about 1 percent annually of the volume of the hippocampus, a key portion of the brain related to memory and certain types of learning.

Exercise is Food for Your Brain

Exercise though seems to slow or reverse the brain's physical decay, much as it does with muscles. Although scientists thought until recently that humans were born with a certain number of brain cells and would never generate more, they now know better. In the 1990s, using a technique that marks newborn cells, researchers determined during autopsies that adult human brains contained quite a few new neurons. Fresh cells were especially prevalent in the hippocampus, indicating that neurogenesis — or the creation of new brain cells — was primarily occurring there. Even more heartening, scientists found that exercise jump-starts neurogenesis. Mice and rats that ran for a few weeks generally had about twice as many new neurons in their hippocampi as sedentary animals. Their brains, like other muscles, were bulking up.

- Exercise improves academic performance
- Kids who signed up for PE directly before reading comprehension read a half year ahead
- Students who exercised before pre-algebra performed 2-4 times better than their peers
- Exercise improves memory, learning ability, concentration, and abstract reasoning
- Exercise offsets some mental declines that we often associate with aging
- Exercise fights Alzheimer's, Parkinson's, and depression

KAD Contributions

Santa Rosa Junior College was officially established in 1918 with a student body of 19. The Athletic Department's alliance with the Associated Student Body began when the students voted to field a football team in the early

1920's. The "Bear Cub" was selected as the school's mascot due to an affiliation with the University of California, Berkeley. Floyd P. Bailey and Ernie Nevers were the first coaches of record at the college.

In the years that followed SRJC not only developed programs in athletics and dance, they became state and national leaders in both. Santa Rosa Junior College has developed a reputation of excellence and our programs have played a major role in that characterization. By utilizing community support and building relations with local coaches and high schools SRJC has been "the place to go" for Sonoma County high school students.

The 2021-2022 academic year at SRJC was a typical year in regards to the successes of our programs and sports. Many of our teams, programs, coaches and student athletes have been recognized at the state and national levels.

Conference, State and National Championships happen regularly at SRJC. Many of our student athletes have gone on to be positive ambassadors for our community and college at a variety of different levels both collegiately and professionally. Our Dance program has been recognized nationally and has dazzled spectators at numerous dance productions annually.

Needless to say, our programs have contributed in many ways to the reputation of our district and have enhanced the SRJC experience for literally thousands of community members.

KAD Contributions - Financial

Since the beginning of our college the enrollment in our classes have carried and funded classes and entire departments within our district. In addition to generating massive amounts of FTES, our department generates very large profits for the district due to the fact that the majority of our classes are taught and paid at a lab rate, while being funded at a lecture rate. When asked to add huge classes we have done so, when asked to cut more than everyone else, we have done so, when asked to make campaign calls to help a bond pass, our athletes and faculty stepped up and volunteered time to make literally thousands of calls. When clusters needed to step up and complete curriculum updates, SLO's and assessment projects for accreditation our cluster was the first one to complete the task. In addition to literally rewriting every course in our cluster, and have completed over 250 assessment project over the last two semesters.

1.1d Hours of Office Operation and Service by Location

1.1d Hours of Operation and Service Location:

The KAD cluster at Santa Rosa is open during teaching hours:

Teaching hours consist of Monday through Sunday and anywhere from 6:00am until 11:59pm. Our main cluster office is open from 8:00am until 5:00pm Monday through Friday and is staffed by one AA III positions. This office is understaffed. Three years ago this office had 3 AA's

The KAD cluster at Petaluma is open during teaching hours:

Teaching hours consist of Monday through Saturday, from 7:00am until 10:00pm. The department does not have any AA's in Petaluma or student employees. The department currently has one full time faculty member assigned as a coordinator of the KAD program at Petaluma campus on limited release time from the KAD Department Chair. In addition, one full time faculty has been hired to teach classes at the Petaluma campus. Currently there is no administrative support available for the Petaluma campus.

The KAD dean's office is open to the public as follows:

Monday through Friday 8:00 am to 5:00 pm during the fall and spring semesters.

Monday through Thursday 8:00 am to 5:00 pm during the months of June and July.

1.2 Program/Unit Context and Environmental Scan

1.2 Program/Unit Context and Environmental Scan:

Degree Majors and Transfer Majors

The KAD department has recently assessed all of our existing majors and successfully completed 3.6 review for our Dance Major. In addition to the assessments on our majors we added a new approved Athletic Training Prep Major and Fitness, Nutrition, and Health Certificate and Major. In addition, a Transfer Model Curriculum in Kinesiology was written and approved. Kinesiology is still the 7th most popular major at CSUs and the department is responding to this demand by having courses available that transfer for a degree in Kinesiology included KINES 1 - Intro to Kinesiology and a variety of physical activity courses in: combatives, individual and team sports, aquatics, and fitness. Students are required to take 2-6 units of activity courses to fulfill requirements of a major in Kinesiology at CSUs.

In addition, the KAD department has added a course, KINES 53 - Principles of Health and Wellness that satisfies the general education requirement in Area E: Life-long learning for CSU transfer and many times a requirement for Kinesiology majors. This course is also being developed for online instruction through Moodle.

Dance still offers a Dance Major that prepares students to transfer for a degree or various careers in dance. In addition, there are four dance skills certificates in: hip hop/funk, modern, ballet, and jazz.

Career and Technical Education (CTE) Certificates and Majors

The KAD department has recently assessed all of our existing certificates and successfully completed 3.6 review for all of the KAD Certificates. The Fitness, Nutrition, and Health Certificate and Major was approved by the State Chancellor's office in spring 2012. This certificate is in response to a growing job market demand and need for qualified personal trainers, fitness instructors, and wellness coaches.

Partnerships with local fitness and wellness facilities have been made to receive industry feedback on the fitness program and create internships opportunities for students. This outreach has been a huge success and currently students have a variety of settings to choose from including corporate fitness centers, private personal training studios, wellness centers (provide yoga, pilates, physical therapy and massage), martial arts studios, and group exercise programs. Students have career goals in yoga, pilates, personal training, wellness coaching, stroller stride franchise owners, boot camp franchise owners, strength and conditioning coaches, PE instructors, youth fitness, and many more. A course in business management, sport psychology, and specialty courses in working with kids or special formats such as yoga and pilates may help keep up with the growing demand of fitness trends.

24 Hour fitness now accepts the Fitness, Nutrition, and Health Certificate/Major as an official certification to get hired and work as a personal trainer at their facility.

The KAD Dean's office supports a cluster that serves a larger amount of the District's estimated student head count. The cluster employs 12 full time faculty and 45 adjunct faculty and coaches.

2.1a Budget Needs

2.1 Budget Needs

Budget Use:

The KAD Dean's budget must cover expendable supplies, new equipment purchases, used equipment replacement, maintenance of existing equipment and the more usual items: graphics, phone, etc. In the past few years major reductions have been made to the budget and to the support staff. Efforts have been made to use resources more effectively. The hours and responsibilities of our AA and Equipment Technicians have been adjusted to allow for coverage with the decreasing work force. Three years ago increases were made to our travel budget that allows for improved safety guidelines for our teams and coaches. The truth is, when it comes to Athletics there is a continual need for an increase to the assistant coaches stipends, travel per diem, equipment budgets, bus travel and officials pay. These budgets are still in need of augmentation.

Lastly, there is a need for additional personal support for the athletic department.

2022-20223 Additional Funds:

Additional funding is needed for officials, per diem and asst. coaches pay. The cost of everything seems to rise every year. Our cluster has done its part to address the needs of students and student athletes. When we were asked to cut, we successfully did so. When we were asked to expand we expanded and when asked to become as efficient as possible, once again, we did. In my opinion, our programs are funded well below a base level. SRJC does not compare well in most areas with other Big 8 Conference colleges in terms of per diem, travel and lodging, equipment, supplies and personnel.

Fiscal Year Expenditures- 2020-2021

Expenditure Category	Amount	Change from 2019-20	District Total	% of District Total
Total Expenditures	\$3,676,018.31	-16.32%	\$163,677,860.78	2.25%
Total Faculty Payroll	\$2,056,038.39	-14.74%	\$49,270,893.82	4.17%
Total Classified Payroll	\$234,917.58	-23.71%	\$20,601,791.75	1.14%
Total Management Payroll	\$260,534.60	-9.22%	\$9,552,448.70	2.73%
Total Salary/Benefits Costs	\$3,428,463.21	-12.67%	\$107,857,188.83	3.18%
Total Non-Personnel Costs	\$155,060.01	-55.37%	\$13,207,623.21	1.17%

The cluster, under leadership of the dean's office, has established a history of prudent fiscal restraint, using limited funds judiciously and efficiently. Under the leadership of the dean's office, the cluster has arranged appropriate coverage of the administration office, equipment room and training room, by staggering start and end times for the individuals who staff these very essential components of the cluster.

Budget Characteristics:

The KAD dean's office oversees a department that has unique requirements in terms of equipment and general operating expenses. To meet the mission of the cluster, expensive and specialized equipment is necessary. Much of this equipment requires continual upkeep and scheduled maintenance, which requires a moderately high level of funding. This is particularly true in the operation and maintenance of the department's weight room as well as the football program.

Budget Shortcomings:

Many years ago, KAD's budgets were reduced. The current administration has worked to restore some of these budgets. Additions to the travel budget have made a huge impact in recent years. The assistant coaching stipends, the life blood of our support coaching staff, has had a recent increase about 6 years ago but remains at the reduced 2003 level. Per diem amounts were also lowered and have not been restored. Supply budgets were also reduced and likewise, have not been increased. In comparison with other dean's offices and athletic directors in the Big 8 Conference, SRJC is near the bottom in most budgetary categories.

Typical game day workdays can often stretch to over twelve hours. A continual increase to the travel budget is important so we can continue to move towards putting all teams on chartered buses at all times. This issue needs to be addressed in a very timely and prescriptive manner. Until this problem is resolved, it the dean's position that the District is assuming an unreasonable level of liability that could result in unnecessary and preventable lawsuits.

Officials cost have gone up again - additional \$15,000.00 in funding is needed to balance this budget.

Additional Funding Necessary:

Increased and consistent funding levels are needed in several crucial areas significant to the mission of the cluster. Funds are needed for upkeep and purchase of much needed equipment. The cluster is currently being funded at below a base level. The cluster's coaches have contributed a huge amount of fundraised dollars in order to sustain their teams at a minimum level. The energy and time coaches have been expending in supporting their respective programs, however, is not sustainable forever. Coaching burnout will become an issue the dean's office will need to address if fundraising demands continue for a prolonged period of time.

Immediate Budgetary Augmentation Requirements:

1. Increase transportation funds to enhance charter bus service for all teams. An additional \$50,000 would go a long way to making this happen.
2. Increase per diem by \$3.00 per day per student/staff. (25% increase to 5200 accounts - Total would be an increase of \$14,000.00)
3. Increase equipment budget by \$10,000
4. Increase assistant coach's stipends by 50% (total would be \$60,000.00 in addition)
5. Increase funds for entry fees, official's fees, and hosting fees by 50% - \$20,000 - a few teams spend their per diem on the entry fees.
6. Allocate \$10,000.00 annually towards uniform purchases.

2.1b Budget Requests

Rank	Location	SP	M	Amount	Brief Rationale
0001	Santa Rosa	01	07	\$50,000.00	Travel per diem
0002	Santa Rosa	01	07	\$10,000.00	Ambulance for home sporting events
0003	Santa Rosa	08	07	\$15,000.00	Officials - The cost has gone up
0004	Santa Rosa	01	07	\$5,000.00	Conference dues have gone up
0005	Santa Rosa	01	07	\$35,000.00	Rising Cost of Equipment
0006	Santa Rosa	01	07	\$60,000.00	Coaching stipends
0007	Santa Rosa	01	07	\$12,000.00	Reconditioning of football helmets
0008	Santa Rosa	02	07	\$5,000.00	Athletic training room budget
0009	Santa Rosa	01	07	\$5,000.00	Equipment repair

2.2a Current Classified Positions

Position	Hr/Wk	Mo/Yr	Job Duties
AA III	40.00	12.00	Assists the Dean/Athletic Director, Department Chair and oversees any/all student assistants. Office manager, responsible for monitoring budgets, prepares PAFS, all accounts payables and accounts receivables for trust activities, monitors time sheets, payroll issues, etc. All things related to sports teams, travel, per diem, schedules and eligibility.
Equipment Tech. II	40.00	12.00	In charge of all equipment, uniforms etc. Purchasing of and up keep of all equipment, including inventory repairs and recirculation. Serves as an advisor for instructional equipment requests.
Equipment Tech. I	40.00	12.00	Assistant to the Equipment Tech. II repair, up-keep and inventory of equipment. Serve the department in terms of facilities and equipment maintenance support.
Instructional Assistants	24.00	10.00	APE - Instructional Assistants
Instructional Assistants	24.00	10.00	APE - Instructional Assistants
Instructional Assistants	40.00	10.00	APE - Instructional Assistants

2.2b Current Management/Confidential Positions

Position	Hr/Wk	Mo/Yr	Job Duties
Department Chair	43.60	10.00	Manage Department, evaluations, program review, schedule, curriculum, hire, department meetings, & communication. SR Department Chair 62% release time, Petaluma Coordinator 10% release time, Dept Chair Web Designer/instructor KAQUA 27% release time, and Dance Coordinator 10% release time.
Dean II KAD	40.00	12.00	Manage all operations pertaining to the Kinesiology, Dance, Adapted PE & Athletics Department including but not limited to staffing, budget, curriculum, marketing, fund raising, facilities etc.

2.2c Current STNC/Student Worker Positions

Position	Hr/Wk	Mo/Yr	Job Duties
STNC	0.00	0.00	We currently have 0 STNC workers in our cluster.
Student Employees	8.00	4.00	We currently have 1 student employee in our cluster. the student worked on our social media and website pages. Posting pictures and

2.2d Adequacy and Effectiveness of Staffing

Employee FTE Totals

FTE Category	FTE	Change from 2019-20	District Total	% of District Total
FTE-F - Faculty	29.2005	-17.05%	654.4891	4.46%
FTE-CF - Contract Faculty	14.0000	7.69%	286.7179	4.88%
FTE-AF - Adjunct Faculty	15.2005	-31.53%	367.7712	4.13%
FTE-C - Classified	4.0500	-0.25%	373.8894	1.08%
FTE-ST - STNC	0.0731	-43.28%	31.0281	0.24%
FTE-SS - Support Staff	4.3623	-10.92%	482.0798	0.90%
FTE-SW - Student Workers	0.2392	-66.23%	77.1623	0.31%
FTE-M - Management	1.7273	-14.28%	104.4523	1.65%
FTE-DC - Department Chairs	0.0000	0.00%	0.0000	0.00%

Student Data

Data Element	Value	Change from 2019-20	District Total	% of District Total
FTES-CR - Credit	465.2301	-41.33%	11153.4817	4.17%
FTES-NC - Non-Credit	0.0000	0.00%	2606.9981	0.00%
FTES - combined	465.2301	-41.33%	13760.4798	3.38%
Students Enrolled/Served	5250	6.77%	30000	17.50%

2.2e Classified, STNC, Management Staffing Requests

Rank	Location	SP	M	Current Title	Proposed Title	Type
0001	Santa Rosa	01	01	Does not exist	Student Success Resource Specialist 100%	Classified
0002	Santa Rosa	08	07	Does not exist	Assistant Athletic Director/SID/Website	Classified

2.3a Current Contract Faculty Positions

Position	Description
KAD Faculty	Kinesiology / Head Coach Women's Basketball
KAD Faculty	Kinesiology / Head Men's Soccer Coach
KAD Faculty	Kinesiology / Head Men's & Women's Swim & Dive Coach
KAD Faculty	Kinesiology / Head Men's Basketball Coach
KAD Faculty	Dance & Kinesiology / Dance Instructor
KAD Faculty	Kinesiology / Head Baseball Coach
KAD Faculty	Kinesiology / Head Athletic Trainer
KAD Faculty	Kinesiology/ Head Men's Football Coach
KAD Faculty	Kinesiology / Head Women's Soccer Coach
KAD Faculty	Kinesiology Faculty / Athletic Trainer
KAD Faculty	Kinesiology Faculty
KAD Faculty	Kinesiology Faculty/Asst. Football Coach
KAD Faculty	Kinesiology / Head Track & Field Coach
KAD Faculty	Kinesiology Faculty
KAD Faculty	Kinesiology Faculty/Head Volleyball Coach

2.3b Full-Time and Part-Time Ratios

Discipline	FTEF Reg	% Reg Load	FTEF Adj	% Adj Load	Description
KAD	14.0000	47.9400	15.2000	52.0500	Adapted Physical Education 1.75 FTEF Athletics 8.29 FTEF Dance 3.42.FTEF Kinesiology Aquatics 1.74FTEF Kinesiology Combatives 1.33 FTEF Kinesiology Fitness 7.96 FTEF Kinesiology Individual Sports .42 FTEF Kinesiology Lecture 3.04 FTEF Kinesiology Team Sports 1.14 FTEF

2.3c Faculty Within Retirement Range

2.3c Faculty within Retirement Range

The cluster does not have any other faculty members in retirement age.

2.3d Analysis of Faculty Staffing Needs and Rationale to Support Requests

2.3d Analysis of Staffing Needs:

2.3d Analysis of Faculty Staffing Needs

Staffing needs, as determined by the KAD Dean for 2022-2023

- 1.Student-Athlete Success Coordinator(Allied)
- 2.Women's Softball Coach/ Kinesiology Generalist
- 3.Athletic Trainer(Allied)
- 4.Men's and Women's Water Polo Coach/Kinesiology Generalist
- 4.Kinesiology Generalist (Both Campuses)
- 5.Wrestling Coach/Kinesiology Generalist
- 6.Strength Coach/Kinesiology Generalist
- 7.Men's and Women's Tennis Coach/Kinesiology Generalist

2.3e Faculty Staffing Requests

Rank	Location	SP	M	Discipline	SLO Assessment Rationale
0001	ALL	01	02	Student-Athlete Success Coordinator (Allied)	Student success and departmental productivity
0002	ALL	01	01	KAD Generalist - Head Softball Coach	Student success and departmental productivity
0003	ALL	06	01	Athletic Trainer (Allied)	Student success and departmental productivity
0004	ALL	01	01	KAD Generalist - Head Men's and Women's Water Polo	Student success and departmental productivity
0005	ALL	01	02	KAD Generalist - Both Campuses	Student success and departmental productivity
0006	ALL	01	01	KAD Generalist - Head Wrestling Coach	Student success and departmental productivity
0007	ALL	01	01	KAD Generalist - Strength Coach	Student success and departmental productivity
0008	ALL	01	01	KAD Generalist - Head Men's & Women's Tennis Coach	Student success and departmental productivity

2.4b Rationale for Instructional and Non-Instructional Equipment, Technology, and Software

2.4b Rational for Instructional and Non-Instructional Equipment, Technology and Software

Given the is in the middle of construction and about to start construction on Tauzer. There is not much need for updated equipment at this point.

One need is to replace old work stations - we have close to 10 work stations that need to be replaced and upgraded.

The KAD Dean is currently examining software to provide greater support for student athlete success and to our training room.

2.4c Instructional Equipment Requests

Rank	Location	SP	M	Item Description	Qty	Cost Each	Total Cost	Requestor	Room/Space	Contact
0001	Santa Rosa	06	07	football Helmets and Equipment	30	\$500.00	\$15,000.00	Markovich	Tauzer	Weaver
0001	Santa Rosa	01	01	Interactive touch screen monitors	2	\$12,000.00	\$24,000.00	Markovich	Tauzer Gym	Tara Jacobson
0002	Santa Rosa	06	07	Pole Vault Pit	1	\$33,000.00	\$33,000.00	Markovich	Bailey Field	Weaver
0003	Santa Rosa	08	05	Live streaming cameras	2	\$20,000.00	\$40,000.00	Markovich	Sypher Field	Weaver
0004	Santa Rosa	04	07	Classroom live stream camera	2	\$20,000.00	\$40,000.00	Tara Jacobson	Tauzer	Weaver
0005	Santa Rosa	01	07	Lane line reels	2	\$6,000.00	\$12,000.00	Markovich	Quinn	Weaver
0006	Santa Rosa	08	06	Fence Branding	5	\$2,000.00	\$10,000.00	Markovich	Green Space	Markovich
0007	Santa Rosa	01	07	Pool Lane Lines	16	\$400.00	\$6,400.00	Markovich	Quinn Swim Center	Weaver
0008	Santa Rosa	08	06	Replacement Equipment for KAD activity classes	20	\$400.00	\$8,000.00	Markovich	Tauzer 905	Weaver
0009	Santa Rosa	01	06	TV screens	10	\$700.00	\$7,000.00	mavkovich	926	Markovich
0010	Santa Rosa	02	01	Laptops	10	\$600.00	\$6,000.00	Markovich	Tauzer	Markovich
0011	Santa Rosa	01	07	Hurdles	48	\$400.00	\$22,500.00	Markovich	Bailey Field	Weaver
0012	Santa Rosa	01	07	Attack II Machine	1	\$4,000.00	\$4,000.00	Markovich	Haehl Pavilion	Weaver
0013	Santa Rosa	06	07	Hlgh Jump Standards	1	\$2,500.00	\$2,500.00	Markovich	Bailey Field	Weaver
0014	Santa Rosa	06	07	PV Standards	1	\$19,000.00	\$19,000.00	Markovich	Bailey Field	Weaver
0015	Santa Rosa	01	07	Selected Weight Room Equipment	4	\$2,500.00	\$10,000.00	Markovich	Tauzer 999	Weaver
0016	Santa Rosa	06	06	sideline tents	20	\$700.00	\$14,000.00	Markovich	Quinn	Weaver

Rank	Location	SP	M	Item Description	Qty	Cost Each	Total Cost	Requestor	Room/Space	Contact
0017	Santa Rosa	06	06	High Jump Pit	1	\$25,000.00	\$25,000.00	Markovich	Bailey Field	Weaver
0018	Santa Rosa	01	07	Ice Machine	2	\$6,500.00	\$13,000.00	Markovich	Tauzer 926	Weaver
0019	Santa Rosa	01	06	Hammer Cage	1	\$60,000.00	\$60,000.00	Markovich	Bailey Field	Weaver
0020	Santa Rosa	08	06	APE-Colorado Sports Cycle	2	\$600.00	\$1,200.00	Markovich	APE	Weaver
0021	Santa Rosa	01	07	APE SciFit Total Body Exerciser	1	\$5,700.00	\$5,700.00	Markovich	APE	Weaver
0022	Santa Rosa	08	07	APE Assult Air Bike	1	\$900.00	\$900.00	Markovich	APE	Weaver
0023	Santa Rosa	01	06	Athletic Scoreboards	3	\$25,000.00	\$75,000.00	Markovich	Fields	Markovich
0024	Santa Rosa	08	07	baseball scoreboard	1	\$32,783.13	\$32,783.13	Markovich	Sypher Field	weaver
0025	Santa Rosa	01	07	Mat tables with mats	2	\$800.00	\$1,600.00	Markovich	APE	Weaver
0026	Santa Rosa	08	07	Soccer Scoreboard	1	\$21,984.62	\$21,984.62	Markovich	Soccer Field	Weaver
0027	Santa Rosa	06	07	soccer bleachers	15	\$4,160.05	\$62,400.70	Markovich	Soccer Field	Weaver

2.4d Non-Instructional Equipment and Technology Requests

Rank	Location	SP	M	Item Description	Qty	Cost Each	Total Cost	Requestor	Room/Space	Contact
0001	Santa Rosa	04	05	Livestreaming cameras	2	\$20,000.00	\$40,000.00	Markovich	Sypher Field	Markovich
0002	Santa Rosa	08	01	Interactive touch portable touch screens	3	\$12,000.00	\$36,000.00	Jacobson	Tauzer	Markovich
0003	Santa Rosa	04	07	TV screens	5	\$1,000.00	\$5,000.00	Markovich	Haehl Pavilion/Bailey Field House	Markovich
0004	Santa Rosa	04	06	Sounds systems for soccer/baseball/softball	3	\$10,000.00	\$30,000.00	Markovich	Athletic Fields	Markovich
0005	Santa Rosa	08	05	baseball scoreboard	1	\$30,000.00	\$30,000.00	Markovich	Sypher Field	Markovich
0006	Santa Rosa	08	05	softball scoreboard	1	\$26,000.00	\$26,000.00	Markovich	Softball Field	Markovich
0007	Santa Rosa	08	05	Soccer Scoreboard	1	\$26,000.00	\$26,000.00	Markovich	Soccer Field	Markovich
0008	Santa Rosa	08	07	Washer and Dryer	1	\$15,000.00	\$15,000.00	Markovich	All	Weaver

2.4f Instructional/Non-Instructional Software Requests

Rank	Location	SP	M	Item Description	Qty	Cost Each	Total Cost	Requestor	Room/Space	Contact
0001	Santa Rosa	08	07	Healthy Roster Electronic Medical Software	1	\$2,500.00	\$2,500.00	Markovich	919	Markovich

2.5a Minor Facilities Requests

Rank	Location	SP	M	Time Frame	Building	Room Number	Est. Cost	Description
0001	Santa Rosa	06	06	Urgent	Haehl	Haehl locker rooms	\$60,000.00	Haehl Locker-rooms are old and do not function and smell
0002	Santa Rosa	06	06	Urgent	Paint the Football Bleachers on East Side	Bailey Field	\$50,000.00	Paint the east side bleachers and press box in bailey field
0003	Santa Rosa	06	06	Urgent	Haehl Pavilion	#1105	\$50,000.00	fake wood floors in lobby of Haehl and Hall of fame
0004	Santa Rosa	01	07	Urgent	Need New Space off campus	Off Campus Facility Needed/southwest	\$50,000.00	We currently have no hammer throwing area and Javelin area for our track teams. We are mandated to host track meets and we can't have them at SRJC because we do not have the facility to throw the hammer
0005	Santa Rosa	06	06	Urgent	Haehl Pavillion	Gymnasium	\$100,000.00	resurface bleacher add saftey rails to bleachers with back rests
0006	Santa Rosa	06	06	Urgent	Haehl Pavilion Lobby Snack Bar	#1105	\$20,000.00	Remodel Snack Bar Counters and door

2.5b Analysis of Existing Facilities

2.5b Analysis of Existing Facilities

The KAD Dean supervises all the facilities within the cluster. In a broad overview, most of the facilities within the department are either being renovated or in line for upgrades with the upcoming Tauzer Remodel. There are still facilities that are in need of updating that are old and in need of renovation.

The facilities in KAD are in the process of a long overdue renovation. The time table to have the facilities renovated is by summer of 2025. The KAD cluster is still in the need of adding 8 tennis courts to our facilities on campus. The basketball gym is in need of renovating the lockerrooms, coaches offices, bleachers, lobby, and an HVAC system upgrade. The general PE lockerrooms need to be upgraded to support the current student and their needs.

The dean recommends a shared rental revenue process be instituted that will generate income that the cluster can use to address replacement and repair concerns. Additionally, the Dean recommends the District explore allowing the Dean of KAD to supervise the rental of all KAD facilities which would give the department a greater role in the rental usage of our facilities. Such an agreement could provide the discipline with funds to better maintain our facilities and could provide incentives to monitor our building on a higher level.

3.1 Develop Financial Resources

Diversify Funding – Grants/Contracts (Update every spring)

- **Future funding:** Student Athlete Success
- **Current Grant Funding:** None at this time

3.2 Serve our Diverse Communities

3.2 Faculty and Staff Diversity:

The recruiting of diverse candidates is primarily a function of HR. We do confer with HR & DCO and support advertising in a diverse array of places, including traditional professional sites.

SRJC is committed to serving our diverse community. One way to do this is by having faculty and staff who are sensitive to the diversity of the students we serve.

3.3 Cultivate a Healthy Organization

3.3 Classified Staff Development:

We support classified staff requests to attend professional development activities; we support staff who wish to take on new tasks by giving training and mentoring.

3.4 Safety and Emergency Preparedness

3.4 Safety and Emergency Preparedness

KAD Department Area Safety Coordinators:

Monica Ohkubo
Marty Kinahan

KAD Building Safety Coordinators:

Tauzer Gym
Justin Weaver, John McCallum, Casandra Hillman

Quinn Swim Center
Jill McCormick, Rose Hernandez

Haehl Pavilion
Lacey Campbell, Craig McMillian, Ally Deal

Bailey Field
Lenny Wagner, David Wellman, Dante Depaola

Turf Fields (baseball, soccer, softball)
Crystal Chaidez, Damon Neidlinger, Madison Green

Required Safety Trainings:

Blood Born Pathogen Training
CPR
AED
Water Safety

Injury and Illness Prevention Program:

Discussed, analyzed, and implemented at department meetings annually

3.5 Establish a Culture of Sustainability

3.5 Sustainability Practices

1. **GREEN SPACE ARTIFICIAL TURF** - KAD has replaced the natural grass on Bailey Field with all weather turf, and have upgraded the softball and baseball fields with turf as well. These synthetic turf playing fields reduce irrigation water usage, but also supports SCJCD's carbon footprint. The new natural grass soccer field will use reclaimed water for irrigation.

2. **RECYCLING** – KAD has blue plastic recycling bins in: Faculty offices in Tauzer 962 (two); The Sports Medicine and Athletic Training Program (four - which is emptied by students daily); the KAD department front office; the Weight Room; outside of Quinn Swim Center; in the Petaluma Faculty Offices; and outside the Petaluma Fitness center. The Sports Medicine and Athletic Training Program also recycles their cardboard tape roll cores and plastic dividers (4/box, use over 100 boxes a year), and all their boxes from supplies. The Equipment Room, Department front office, and many faculty offices also recycle their boxes. These boxes are left outside of the Training Room, Quinn Swim Center, or outside Tauzer, and SRJC recycle crew picks them up. More reusable water filling stations are being installed throughout our facilities to eliminate the use of plastic and plastic water bottles. SRJC Aquatics has banned the use of plastic water bottles at their home meets as well.

3. **PAPERLESS** – the entire KAD department is moving in this direction by: using online communications, online class syllabuses, online class exams, online class handouts, online department meeting agendas, online department meeting notes and handouts, online department committee work, and online committee reports. Many faculty use CANVAS for their classes and programs. The CCCAA now requires all athletic teams statistics to be reported weekly through the approved online PRESTOSPORTS system, and SRJC Athletics posts the majority of their forms digitally now and they are accessible to our student athletes and the public via www.srjcatletics.com.

4. **ENERGY EFFICIENCY** – the KAD department is working towards: using as little light as possible and necessary in classrooms, gyms, pools, and offices, and using natural light instead; using less water; closing windows in classrooms, offices, weight rooms, and gyms during cold months when heaters are on; minimizing air conditioning and heat use; and turning computers off when leaving for the day. The Sports Medicine and Athletic Training Program now keeps the door crash bar open, but the actual door closed with an OPEN sign on door so as to not waste AC or heat. The new 50M pool filtration and heating system is state of the art, it is specialized, efficient, and cost effective. Upgrades have been made to the existing boiler and pump room system on the indoor pool, and the less energy efficient original outdoor pool is being decommissioned in the Summer of 2022.

5. **TRANSPORTATION** - Some KAD faculty bicycle into work most days, and some drive hybrid cars.

AREAS for IMPROVEMENT:

KAD identifies the following areas that we could improve sustainability, yet need some guidance and input as to how we can move in that direction:

1. **RECYCLING** - More blue recycling bins located around the three KAD buildings, such as in each faculty office area, the upstairs dance room, and possibly having work-study students to hire to pick up this added recycling. These added blue bins could be emptied or put out in hallways on certain days for student workers from KAD to pick up. At KAD events, big or small, our fields, tracks, courts, gyms, and pools do NOT have adequate recycling receptacles, Haehl Pavilion in particular. Coaches know they can request extra receptacles for larger events. There is one recycling bin out in front of Haehl, but none inside. Therefore people just throw bottles and cans from the snack bar into the garbage because there is no choice.
2. **ENERGY EFFICIENCY** In teaching facilities such as the weight room, gymnasiums, and the pools, lights are frequently left on, and we need to use more of the natural daylight. KAD also needs to learn more from Facilities Operations on the specifics of our various lightening systems in our department, and how best to save energy. For example, the lights in the Petaluma Campus Fitness Center gymnasium are very expensive to use and replace, and we have learned that it uses *more* energy to turn them off for 10 or 15 minutes and then turn them back on, rather than to just leave them on. Since we have many classes with many different instructors, it would be very helpful to have a detailed outline of each KAD facility and which lights should be kept on and which should not if another class will be coming in 10 minutes later. Some of the new offices spaces now have lights that automatically turn off based on a motion sensor system if no one is using the space for an extended period of time.
3. **CURRICULUM** – KAD Curriculum Committee uses tons of paper these days and is working towards ways to do more work electronically.
4. **COMMUNITY OUTREACH** and awareness with the community about sustainability practices by our Athletic Teams and KAD Programs.

SRJC Office Recycling Guide

Mixed Paper

Deposit the following listed materials into either your desk side recycling bins or directly into the larger paper bins located near the copy machine or main department center near your office. When your desk side bin is full, please dump it into the closest office size bin. Most office paper bins are located in break areas or near copy machines. Most paper

- ~ White & colored paper (staples & paper clips okay)
- ~ Magazines, Newspapers & catalogs, Phone books
- ~ Books (both paperback & hardback are okay)
- ~ Envelopes (plastic windows & metal brackets, okay)

- ~ Junk mail
- ~ Carbonless forms
- ~ Transparencies (from overhead projectors)
- ~ Cardboard or paperboard (please flatten)
- ~ Miscellaneous office supplies (file folders, binders, plastic sheet protectors, etc.)
- ~ No food contaminated paper towels, plates, or boxes (ie. pizza boxes)
- ~ Shredded Confidential Paper (bagged);
- ~ No Unshredded Confidential Paper; call the SRJC Warehouse at ext. 4352 for a pick-up.

Beverage Containers

~ CRV beverage containers can be placed into specially designated bins inside certain buildings. Otherwise, due to odor and insect problems, most beverage containers should be recycled outside at the recycling cluster stations located near building entrances. Twenty-five percent of the revenue from the beverage container recycling program goes back to our Associated Students programs. The rest goes back into the general fund. Be responsible and recycle.

Toner and Ink Jet Cartridges

- ~ Please place cartridges in original packaging or into a bag to prevent leaks.
- ~ Printer cartridge recycling is handled by the SRJC Warehouse, 527-4352.
- * Cartridges are refilled and remanufactured locally

Electronic Waste

- ~ Staff & faculty with e-waste originating ON CAMPUS should contact the SRJC Warehouse, 527-4352.
- ~ To dispose of e-waste from OFF CAMPUS sources, please consult the Sonoma County Recycling Directory in the phone book for the nearest e-waste recycler.

Batteries:

~ To dispose of small batteries generated ON CAMPUS, place them into the small containers marked batteries located in our recycling closets. These containers are provided by the SRJC Environmental Health and Safety Department. When these containers become full, contact Jason Escher at 521-7841 to have them emptied. We accept most alkaline batteries, rechargeable nickel-cadmium batteries, silver button batteries, mercury batteries, small sealed lead acid batteries, and carbon-zinc batteries.

4.1a Course Student Learning Outcomes Assessment

4.1a Course Level Student Learning Outcomes Synopsis:

Course Level SLO's -

Kinesiology, Athletics, & Dance (KAD)	684	379	55
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Afer falling behind during the last couple of years with our course level SLO Completion. We focused during spring of 2022 to hold a couple work meetings to focus on the work of the SLO's
 We have made signifigant improvements in the course level SLO completions.

Adapted PE -

	APE 715	1	0	0.00%
	APE 701	3	3	100.00%
	APE 301	2	2	100.00%
	APE 709	3	3	100.00%
	APE 710	3	3	100.00%

Kines -

	KINES 49	1	1	100.00%
	KINES 4	4	4	100.00%
	KINES 1	3	3	100.00%
	KINES 59	3	3	100.00%
	KINES 80	2	2	100.00%
	KINES 2	1	1	100.00%
	KINES 3	1	1	100.00%
	KINES 53	2	2	100.00%
	KINES 55	5	5	100.00%
	KINES 81	2	2	100.00%
	KINES 82	2	2	100.00%
	KINES 300	4	3	75.00%
	KINES 301	6	0	0.00%
	KINES 302	5	0	0.00%
	KINES 303	5	0	0.00%
	KINES 5	2	2	100.00%
	KINES 6	2	0	0.00%
	KINES 63	3	3	100.00%
	KINES 64	3	3	100.00%
	KINES 74	2	2	100.00%
	KINES 73	1	1	100.00%
	KINES 72	2	2	100.00%
	KINES 71	2	2	100.00%
	KINES 70	3	3	100.00%
	KINES 50	2	2	100.00%
	KINES 83	2	2	100.00%
	KINES 62A	3	3	100.00%
	KINES 62B	3	3	100.00%

	KINES 62C	3	3	100.00%
	KINES 62D	3	3	100.00%

KAQUA -

	KAQUA 1.2	4	1	25.00%
	KAQUA 1.1	3	1	33.33%
	KAQUA 21	3	0	0.00%
	KAQUA 1	3	0	0.00%
	KAQUA 1.3	5	1	20.00%
	KAQUA 2.1	4	4	100.00%
	KAQUA 2.3	5	0	0.00%
	KAQUA 4.1	3	1	33.33%
	KAQUA 12.2	3	0	0.00%
	KAQUA 1.4	3	3	100.00%
	KAQUA 10.1	4	0	0.00%
	KAQUA 10.2	3	0	0.00%
	KAQUA 12.1	3	0	0.00%
	KAQUA 12.3	3	0	0.00%
	KAQUA 3.1	2	0	0.00%
	KAQUA 3.2	3	0	0.00%

KFIT -

KFIT 8.1		3	3	100.00%
KFIT 15.1		1	0	0.00%
KFIT 55		3	0	0.00%
KFIT 6		3	3	100.00%
KFIT 6.3		3	3	100.00%
KFIT 32		3	3	100.00%
KFIT 32.1		3	3	100.00%
KFIT 32.2		3	3	100.00%
KFIT 32.3		3	0	0.00%
KFIT 5		4	3	75.00%
KFIT 5.3		3	0	0.00%
KFIT 61		1	0	0.00%
KFIT 62		1	0	0.00%
KFIT 63		1	0	0.00%
KFIT 64		1	0	0.00%
KFIT 10.1		2	2	100.00%
KFIT 11.1		1	1	100.00%
KFIT 12.1		2	2	100.00%
KFIT 16.1		3	3	100.00%
KFIT 17.1		1	1	100.00%
KFIT 20.1		2	0	0.00%
KFIT 25.1		3	0	0.00%
KFIT 26.1		3	0	0.00%

KFIT 3.1		3	3	100.00%
KFIT 3.2		3	3	100.00%
KFIT 3.3		4	4	100.00%
KFIT 30.1		2	2	100.00%
KFIT 31.1		2	2	100.00%
KFIT 5.1		2	2	100.00%
KFIT 5.2		2	2	100.00%
KFIT 6.1		3	3	100.00%
KFIT 6.2		3	3	100.00%
KFIT 50		2	1	50.00%
KFIT 8.2		1	1	100.00%
KFIT 8		3	2	66.67%
KFIT 7.2		2	2	100.00%
KFIT 7.1		1	1	100.00%
KFIT 1.2		2	2	100.00%
KFIT 1.1		2	0	0.00%
KFIT 35.1		2	2	100.00%
KFIT 36.1		2	1	50.00%
KFIT 4.1		3	3	100.00%
KFIT 21.1		2	2	100.00%
KFIT 2.2		2	0	0.00%
KFIT 2.1		2	0	0.00%
KFIT 37		3	0	0.00%
KFIT 37.1		1	1	100.00%

KCOMB -

	KCOMB 2.3	3	2	66.67%
	KCOMB 2.2	3	3	100.00%
	KCOMB 5.2	5	0	0.00%
	KCOMB 5.1	3	0	0.00%
	KCOMB 5.3	5	0	0.00%
	KCOMB 6.1	3	0	0.00%
	KCOMB 7.1	4	0	0.00%
	KCOMB 6.2	5	0	0.00%
	KCOMB 7.2	5	0	0.00%
	KCOMB 7.3	5	0	0.00%
	KCOMB 3.1	3	0	0.00%
	KCOMB 3.2	4	0	0.00%
	KCOMB 6.3	5	0	0.00%
	KCOMB 10	1	0	0.00%
	KCOMB 1.4	3	0	0.00%
	KCOMB 1.2	3	0	0.00%
	KCOMB 1.3	3	0	0.00%
	KCOMB 1.1	3	0	0.00%

KCOMB 2.1	3	3	100.00%
KCOMB 4	6	0	0.00%
KCOMB 4.1	3	3	100.00%
KCOMB 4.2	4	4	100.00%

KINDV -

KINDV 1.1	3	0	0.00%
KINDV 1.3	2	0	0.00%
KINDV 2.1	3	3	100.00%
KINDV 5.1	3	0	0.00%
KINDV 5.2	4	0	0.00%
KINDV 5.3	3	0	0.00%
KINDV 2.3	3	3	100.00%
KINDV 2.2	3	3	100.00%
KINDV 79.1	4	0	0.00%
KINDV 79.2	4	0	0.00%
KINDV 79.3	5	0	0.00%
KINDV 3.1	4	4	100.00%
KINDV 3.2	4	4	100.00%
KINDV 3.3	4	4	100.00%
KINDV 4.1	1	1	100.00%
KINDV 4.2	1	1	100.00%
KINDV 4.3	1	1	100.00%

KTEAM -

		KTEAM 2.1	2	0	0.00%
		KTEAM 1.1	4	0	0.00%
		KTEAM 4.3	2	2	100.00%
		KTEAM 7.1	3	0	0.00%
		KTEAM 8.2	3	3	100.00%
	KTEAM 4		3	3	100.00%
		KTEAM 3.1	3	0	0.00%
		KTEAM 3.2	3	0	0.00%
		KTEAM 3.3	3	0	0.00%
		KTEAM 4.1	3	3	100.00%
		KTEAM 4.2	3	3	100.00%
		KTEAM 5.1	2	0	0.00%
		KTEAM 6.2	4	4	100.00%
		KTEAM 6.1	4	4	100.00%
		KTEAM 6.3	4	0	0.00%
		KTEAM 8.1	3	3	100.00%

		KTEAM 8.3	3	3	100.00%		
		KTEAM 9.1	3	3	100.00%		

Athletics -

Athletics (ATHL)			110	98		89.09%
		ATHL 30	3	3		100.00%
		ATHL 10L	2	2		100.00%
		ATHL 45L	2	2		100.00%
		ATHL 41	4	3		75.00%
		ATHL 31	4	4		100.00%
		ATHL 42	4	4		100.00%
		ATHL 24	3	3		100.00%
	ATHL 9		3	3		100.00%
		ATHL 27	5	5		100.00%
		ATHL 10	3	3		100.00%
	ATHL 2		3	3		100.00%
		ATHL 11	3	3		100.00%
		ATHL 32	3	3		100.00%
		ATHL 32L	2	2		100.00%
		ATHL 16	3	3		100.00%
	ATHL 1		1	1		100.00%
		ATHL 13	4	4		100.00%
		ATHL 14	4	4		100.00%
		ATHL 15L	2	2		100.00%
		ATHL 17	3	3		100.00%
		ATHL 18	3	3		100.00%
		ATHL 21	1	1		100.00%
		ATHL 22.1L	2	2		100.00%
		ATHL 22.2L	2	2		100.00%
		ATHL 28	4	4		100.00%
		ATHL 33	4	4		100.00%
		ATHL 34	4	4		100.00%
		ATHL 45	3	3		100.00%
	ATHL 3		1	1		100.00%
		ATHL 11L	2	2		100.00%
		ATHL 37	3	3		100.00%
		ATHL 41L	5	0		0.00%
		ATHL 17L	5	0		0.00%
		ATHL 38	3	2		66.67%
	ATHL 8		3	3		100.00%
		ATHL 31L	2	2		100.00%
		ATHL 29L	2	2		100.00%

Dance -

Dance (DANCE)			130	54		41.54%
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		DANCE 27	3	2	66.67%
		DANCE 2	2	2	100.00%
		DANCE 37.2	2	2	100.00%
		DANCE 3.1	2	1	50.00%
		DANCE 28	2	2	100.00%
		DANCE 150	3	0	0.00%
		DANCE 52	5	0	0.00%
		DANCE 10.1	2	0	0.00%
		DANCE 10.2	3	0	0.00%
		DANCE 11.1	3	1	33.33%
		DANCE 13.1	3	3	100.00%
		DANCE 13.2	3	3	100.00%
		DANCE 13.3	3	3	100.00%
		DANCE 13.4	3	3	100.00%
		DANCE 13.5	3	2	66.67%
		DANCE 13.6	3	3	100.00%
		DANCE 16.1	3	3	100.00%
		DANCE 16.2	3	3	100.00%
		DANCE 16.3	3	3	100.00%
		DANCE 16.4	3	0	0.00%
		DANCE 16.5	3	0	0.00%
		DANCE 16.6	3	0	0.00%
		DANCE 21.1	3	0	0.00%
		DANCE 21.2	3	0	0.00%
		DANCE 21.3	3	0	0.00%
		DANCE 21.4	3	0	0.00%
		DANCE 21.5	3	0	0.00%
		DANCE 21.6	3	0	0.00%
		DANCE 37.1	2	2	100.00%
		DANCE 88.1	2	1	50.00%
		DANCE 88.2	2	1	50.00%
		DANCE 88.3	2	0	0.00%
		DANCE 88.4	2	0	0.00%
		DANCE 29	2	2	100.00%
		DANCE 32	2	0	0.00%
		DANCE 57	2	0	0.00%
		DANCE 14.1	2	1	50.00%
		DANCE 14.2	2	2	100.00%
		DANCE 14.3	2	2	100.00%
		DANCE 14.4	2	2	100.00%
		DANCE 61	3	0	0.00%
		DANCE 68.1	4	0	0.00%
		DANCE 11.2	3	1	33.33%
		DANCE 11.3	3	1	33.33%
		DANCE 11.4	3	1	33.33%
		DANCE 11.5	3	1	33.33%
		DANCE 11.6	3	1	33.33%

4.1b Program Student Learning Outcomes Assessment

4.1b Program Level Student Learning Outcomes:

- ACCJC Accreditation Standards require an ongoing, systematic cycle of assessment of all certificates and majors, even low-unit certificates. At SRJC, our cycle is that all of the SLOs in every certificate/major must be assessed at least once every seven years.
- For information and instructions on how to assess certificate and major SLOs, go to this web site: <http://slo.santarosa.edu/certificates-majors-slo-assessment>
- In the text block provided, describe your department/discipline seven-year cycle of assessment. You can copy and paste into the text block a chart or a spreadsheet, which might be the easiest thing to do.
- What certificates/majors(s) has the program/unit assessed over the past three years?
- How have the results been used to improve student learning at the certificate/major level?

Kinesiology (AA-T)

Upon successful completion of this program, the student will be able to:

1. Demonstrate content knowledge in the Kinesiology core, career areas, human anatomy, and physiology, physiological response to exercise, and the mechanics and control of human movement.
2. Explain breadth of occupational and educational pathways in Kinesiology.
3. Demonstrate competency in and successful application of Kinesiology-related skills.
4. Demonstrate the ability to think critically through the performance and evaluation of health, fitness, and movement assessment.
5. Demonstrate professional and person growth, including advocacy for a healthy, active lifestyle.

Kinesiology (AA)

Upon successful completion of this program, the student will be able to:

1. Understand human anatomy and physiology pertaining to the fifteen major areas/body systems;
2. Understand the health, fitness, and basic nutritional aspects of physical education;
3. Identify the psychological aspects and dynamics of individual and team sports;
4. Transfer to university level programs with a comprehensive foundation in physical education courses; and
5. Successfully compete academically with 4 year university students in their major.

Fitness, Nutrition and Health (AA) Major and Certificate

Upon successful completion of this program, the student will be able to:

1. Design safe and effective training programs based on client needs, goals, fitness level and health history;

2. Demonstrate proper individual and group exercise leadership skills for general and special populations;
3. Evaluate client food intake and educate clients on healthful eating habits for weight management and physical performance;
4. Integrate behavior modification techniques and concepts of health and wellness to formulate comprehensive training plans; and
5. Analyze emerging information in the field of nutrition, health, and fitness and differentiate between credible and non-credible sources and information.

Kinesiology: Sports Medicine Preparation (AA)

Upon successful completion of this program, the student will be able to:

1. Demonstrate an understanding of the sports medicine profession, including history, educational preparation and role of the practitioner and various members of the sports medicine team;
2. Describe, integrate and apply concepts of prevention, immediate care, evaluation, treatment, rehabilitation and reconditioning of athletic injuries and injuries to the physically active; and
3. Demonstrate effective communication, professionalism, legal and ethical understanding, and general organization and administration within a sports medicine setting.

Dance (AA)

Upon successful completion of this program, the student will be able to:

1. Demonstrate proficiency in modern, jazz, and ballet dance forms, in both the performance and production aspects of dance;
2. Display the skills and techniques necessary for employment as instructors, choreographers, and/or performers;
3. Apply the craft and aesthetic qualities of dance orally, practically, and in writing; and
4. Apply the skills and knowledge of dance in advanced courses in order to transfer to four year institutions.

Yoga: 200-Hour Teacher Training Certificate

Upon successful completion of this program, the student will be able to:

1. Demonstrate correct technique in yoga practices including asanas (postures), pranayamas (breathing practices), and meditation.
2. Develop a personal teaching style that includes effective class management, communication, and addresses multi-level needs and special populations within a group setting.
3. Apply principles of human anatomy, physiology and energy anatomy to yoga practices
4. Analyze yoga philosophy, values and ethics through yogic texts, and incorporate them into yoga practices.
5. Design and execute, as a lead teacher or assistant, safe and effective yoga sequences and classes.

4.1c Student Learning Outcomes Reporting

Type	Name	Student Assessment Implemented	Assessment Results Analyzed	Change Implemented
Course	KINES 1	Spring 2011	Spring 2011	Fall 2004
Course	KINES 1	Spring 2011	Spring 2011	N/A
Course	KINES 2	Fall 2011	Fall 2011	N/A
Course	KINES 3	Fall 2013	Fall 2013	N/A
Course	KINES 4	Fall 2013	Fall 2013	N/A
Course	KINES 21	Fall 2013	Fall 2013	N/A
Course	KINES 48	N/A	N/A	N/A
Course	KINES 49	Spring 2011	Spring 2011	N/A
Course	KINES 50	Spring 2014	Spring 2014	N/A
Course	KINES 53	Spring 2011	Spring 2011	N/A
Course	KINES 55	Spring 2011	Spring 2011	N/A
Course	KINES 59	Spring 2011	Spring 2011	N/A
Course	KINES 62A	Fall 2011	Fall 2011	N/A
Course	KINES 62B	Fall 2013	Fall 2013	N/A
Course	KINES 62C	Fall 2013	Fall 2013	N/A
Course	KINES 62D	Spring 2014	Spring 2014	N/A
Course	KINES 80	N/A	N/A	N/A
Course	KINES 81	N/A	N/A	N/A
Course	KINES 82	Spring 2014	Spring 2014	N/A
Course	KINES 83	Fall 2011	Fall 2011	N/A
Course	KAQUA 1.1	Fall 2013	Fall 2013	N/A
Course	KAQUA 1.2	Fall 2013	Fall 2013	N/A
Course	KAQUA 1.3	N/A	N/A	N/A
Course	KAQUA 1.4	Fall 2011	Fall 2011	N/A
Course	KAQUA 2.1	Spring 2014	Spring 2014	N/A
Course	KAQUA 2.3	Spring 2011	Spring 2011	N/A
Course	KAQUA 3.1	Fall 2013	Fall 2013	N/A

Type	Name	Student Assessment Implemented	Assessment Results Analyzed	Change Implemented
Course	KAQUA 3.2	Spring 2014	Spring 2014	N/A
Course	KAQUA 4.1	Fall 2013	Fall 2013	N/A
Course	KAQUA 10.1	Fall 2011	Fall 2011	N/A
Course	KAQUA 11.1	Spring 2011	Spring 2011	N/A
Course	KAQUA 12.1	N/A	N/A	N/A
Course	KAQUA 12.2	Fall 2013	Fall 2013	N/A
Course	KFIT 1.1	Spring 2011	Spring 2011	N/A
Course	KFIT 1.2	N/A	N/A	N/A
Course	KFIT 2.1	Spring 2014	Spring 2014	N/A
Course	KFIT 2.2	N/A	N/A	N/A
Course	KFIT 3.1	Spring 2011	Spring 2011	N/A
Course	KFIT 3.2	Spring 2011	Spring 2011	N/A
Course	KFIT 3.3	Spring 2011	Spring 2011	N/A
Course	KFIT 4.1	Spring 2014	Spring 2014	N/A
Course	KFIT 5.1	Spring 2011	Spring 2011	N/A
Course	KFIT 5.2	Fall 2013	Fall 2013	N/A
Course	KFIT 6.1	Spring 2011	Spring 2011	N/A
Course	KFIT 6.2	Fall 2013	Fall 2013	N/A
Course	KFIT 7.1	Spring 2011	Spring 2011	N/A
Course	KFIT 8.1	Fall 2011	Fall 2011	N/A
Course	KFIT 10.1	Fall 2013	Fall 2013	N/A
Course	KFIT 11.1	Fall 2013	Fall 2013	N/A
Course	KFIT 12.1	Fall 2013	Fall 2013	N/A
Course	KFIT 16.1	Fall 2013	Fall 2013	N/A
Course	KFIT 17.1	Spring 2014	Spring 2014	N/A
Course	KFIT 20.1	Fall 2013	Fall 2013	N/A
Course	KFIT 25.1	Fall 2013	Fall 2013	N/A

Type	Name	Student Assessment Implemented	Assessment Results Analyzed	Change Implemented
Course	KFIT 26.1	Fall 2013	Fall 2013	N/A
Course	KFIT 30.1	Fall 2013	Fall 2013	N/A
Course	KFIT 31.1	Fall 2013	Fall 2013	N/A
Course	KFIT 32.1	Spring 2014	Spring 2014	N/A
Course	KFIT 35.1	Fall 2013	Fall 2013	N/A
Course	KFIT 37.1	Spring 2014	Spring 2014	N/A
Course	KFIT 50	Fall 2011	Fall 2011	N/A
Course	KCOMB 1.1	Fall 2011	Fall 2011	N/A
Course	KCOMB 2.1	Spring 2011	Spring 2011	N/A
Course	KCOMB 2.2	Spring 2011	Spring 2011	N/A
Course	KCOMB 2.3	Spring 2011	Spring 2011	N/A
Course	KCOMB 3.1	Spring 2014	Spring 2014	N/A
Course	KCOMB 3.2	Spring 2014	Spring 2014	N/A
Course	KCOMB 4.1	Spring 2011	Spring 2011	N/A
Course	KCOMB 4.2	Fall 2011	Fall 2011	N/A
Course	KCOMB 5.1	N/A	N/A	N/A
Course	KCOMB 5.2	N/A	N/A	N/A
Course	KCOMB 5.3	N/A	N/A	N/A
Course	KCOMB 6.1	N/A	N/A	N/A
Course	KCOMB 6.2	N/A	N/A	N/A
Course	KCOMB 6.3	N/A	N/A	N/A
Course	KCOMB 7.1	N/A	N/A	N/A
Course	KCOMB 7.2	N/A	N/A	N/A
Course	KCOMB 7.3	N/A	N/A	N/A
Course	KCOMB 10	Fall 2013	Fall 2013	N/A
Course	KINDV 1.1	N/A	N/A	N/A
Course	KINDV 1.3	N/A	N/A	N/A

Type	Name	Student Assessment Implemented	Assessment Results Analyzed	Change Implemented
Course	KINDV 2.1	Spring 2011	Spring 2011	N/A
Course	KINDV 2.2	Spring 2011	Spring 2011	N/A
Course	KINDV 3.1	Spring 2011	Spring 2011	N/A
Course	KINDV 3.2	Spring 2011	Spring 2011	N/A
Course	KINDV 3.3	N/A	N/A	N/A
Course	KINDV 4.1	Spring 2011	Spring 2011	N/A
Course	KINDV 4.2	Spring 2011	Spring 2011	N/A
Course	KINDV 4.3	Spring 2011	Spring 2011	N/A
Course	KINDV 5.1	N/A	N/A	N/A
Course	KINDV 5.2	N/A	N/A	N/A
Course	KINDV 5.3	Fall 2011	Fall 2011	N/A
Course	KTEAM 1.1	Spring 2011	Spring 2011	N/A
Course	KTEAM 2.1	Spring 2011	Spring 2011	N/A
Course	KTEAM 3.1	Spring 2011	Spring 2011	N/A
Course	KTEAM 3.2	Spring 2011	Spring 2011	N/A
Course	KTEAM 3.3	Spring 2011	Spring 2011	N/A
Course	KTEAM 4.1	Spring 2011	Spring 2011	N/A
Course	KTEAM 4.2	Spring 2011	Spring 2011	N/A
Course	KTEAM 4.3	Fall 2011	Fall 2011	N/A
Course	KTEAM 5.1	Fall 2011	Fall 2011	N/A
Course	KTEAM 6.1	N/A	N/A	N/A
Course	KTEAM 6.2	Spring 2014	Spring 2014	N/A
Course	KTEAM 6.3	Spring 2011	Spring 2011	N/A
Course	KTEAM 7.1	Spring 2011	Spring 2011	N/A
Course	KTEAM 8.1	Spring 2014	Spring 2014	N/A
Course	KTEAM 8.2	Fall 2011	Fall 2011	N/A
Course	KTEAM 8.3	Fall 2011	Fall 2011	N/A

Type	Name	Student Assessment Implemented	Assessment Results Analyzed	Change Implemented
Course	KTEAM 9.1	Spring 2014	Spring 2014	N/A
Course	ATHL 1	Spring 2011	Spring 2011	N/A
Course	ATHL 3	Spring 2014	Spring 2014	Spring 2014
Course	ATHL 8	Fall 2011	Fall 2011	N/A
Course	ATHL 9	Fall 2011	Fall 2011	N/A
Course	ATHL 10	Fall 2011	Fall 2011	N/A
Course	ATHL 10L	Fall 2011	Fall 2011	N/A
Course	ATHL 11	Spring 2011	Spring 2011	N/A
Course	ATHL 11L	Spring 2011	Spring 2011	N/A
Course	ATHL 13	Fall 2011	Fall 2011	N/A
Course	ATHL 14	Fall 2011	Fall 2011	N/A
Course	ATHL 15L	Spring 2011	Spring 2011	N/A
Course	ATHL 16	Fall 2011	Fall 2011	N/A
Course	ATHL 17	Fall 2011	Fall 2011	N/A
Course	ATHL 18	Fall 2011	Fall 2011	N/A
Course	ATHL 21	Fall 2011	Fall 2011	N/A
Course	ATHL 22.1L	Spring 2011	Spring 2011	N/A
Course	ATHL 22.2L	Spring 2011	Spring 2011	N/A
Course	ATHL 24	Spring 2014	Spring 2014	N/A
Course	ATHL 27	Fall 2011	Fall 2011	N/A
Course	ATHL 28	Fall 2011	Fall 2011	N/A
Course	ATHL 29L	Spring 2014	Spring 2014	N/A
Course	ATHL 30	Spring 2011	Spring 2011	N/A
Course	ATHL 31	Spring 2014	Spring 2014	N/A
Course	ATHL 31L	Fall 2011	Fall 2011	N/A
Course	ATHL 33	Spring 2011	Spring 2011	N/A
Course	ATHL 34	Spring 2011	Spring 2011	N/A

Type	Name	Student Assessment Implemented	Assessment Results Analyzed	Change Implemented
Course	ATHL 37	Spring 2014	Spring 2014	N/A
Course	ATHL 38	Spring 2014	Spring 2014	N/A
Course	ATHL 41	Spring 2014	Spring 2014	N/A
Course	ATHL 42	Spring 2014	Spring 2014	N/A
Course	ATHL 45	Fall 2013	Fall 2013	N/A
Course	ATHL 45L	Fall 2013	Fall 2013	N/A
Course	DANCE 2	Spring 2014	Spring 2014	N/A
Course	DANCE 5.2	Fall 2013	Fall 2013	N/A
Course	DANCE 10	Spring 2011	Spring 2011	N/A
Course	DANCE 10.1	Spring 2014	Spring 2014	N/A
Course	DANCE 10.2	Spring 2014	Spring 2014	N/A
Course	DANCE 11.1	Spring 2011	Spring 2011	N/A
Course	DANCE 11.2	Fall 2011	Fall 2011	N/A
Course	DANCE 11.3	Fall 2011	Fall 2011	N/A
Course	DANCE 11.4	Fall 2013	Fall 2013	N/A
Course	DANCE 11.5	Spring 2014	Spring 2014	N/A
Course	DANCE 11.6	Spring 2014	Spring 2014	N/A
Course	DANCE 13.1	Spring 2011	Spring 2011	N/A
Course	DANCE 13.2	Spring 2011	Spring 2011	N/A
Course	DANCE 13.3	Spring 2011	Spring 2011	N/A
Course	DANCE 13.4	Spring 2014	Spring 2014	N/A
Course	DANCE 13.5	Spring 2014	Spring 2014	N/A
Course	DANCE 13.6	Spring 2014	Spring 2014	N/A
Course	DANCE 14.1	N/A	N/A	N/A
Course	DANCE 14.2	N/A	N/A	N/A
Course	DANCE 14.3	N/A	N/A	N/A
Course	DANCE 14.4	N/A	N/A	N/A

Type	Name	Student Assessment Implemented	Assessment Results Analyzed	Change Implemented
Course	DANCE 16.1	Fall 2011	Fall 2011	N/A
Course	DANCE 16.2	Fall 2011	Fall 2011	N/A
Course	DANCE 16.3	Fall 2011	Fall 2011	N/A
Course	DANCE 16.4	Fall 2011	Fall 2011	N/A
Course	DANCE 16.5	Spring 2014	Spring 2014	N/A
Course	DANCE 16.6	Spring 2014	Spring 2014	N/A
Course	DANCE 21.1	Spring 2011	Spring 2011	N/A
Course	DANCE 21.2	Spring 2011	Spring 2011	N/A
Course	DANCE 21.3	Spring 2014	Spring 2014	N/A
Course	DANCE 21.4	Fall 2013	Fall 2013	N/A
Course	DANCE 21.5	Spring 2014	Spring 2014	N/A
Course	DANCE 21.6	Spring 2014	Spring 2014	N/A
Course	DANCE 27	N/A	N/A	N/A
Course	DANCE 28	N/A	N/A	N/A
Course	DANCE 29	Fall 2013	Fall 2013	N/A
Course	DANCE 37.1	Spring 2014	Spring 2014	N/A
Course	DANCE 40	Fall 2011	Fall 2011	N/A
Course	DANCE 86.5	Fall 2013	Fall 2013	N/A
Certificate/Major	Kinesiology Major	Spring 2014	Spring 2014	Spring 2014
Certificate/Major	Kinesiology TMC	Spring 2014	Spring 2014	Spring 2014
Certificate/Major	Kinesiology:Ath. Training Major	Spring 2014	Spring 2014	Spring 2014
Certificate/Major	Fitness, Nut. & Health Major	Spring 2014	Spring 2014	Spring 2014
Certificate/Major	Fitness, Nut. & Health Cert.	Spring 2014	Spring 2014	Spring 2014
Certificate/Major	Dance Major	Spring 2013	Spring 2013	Spring 2014
Certificate/Major	Dance: Ballet Certificate	Spring 2013	Spring 2013	Spring 2014
Certificate/Major	Dance: Jazz Certificate	Spring 2013	Spring 2013	Spring 2014
Certificate/Major	Dance: Modern Certificate	Spring 2013	Spring 2014	Spring 2014

Type	Name	Student Assessment Implemented	Assessment Results Analyzed	Change Implemented
Certificate/Major	Dance: Hip Hop/Funk Certificat	Spring 2013	Spring 2013	Spring 2014

4.2a Key Courses or Services that address Institutional Outcomes

Course/Service	1a	1b	1c	2a	2b	2c	2d	3a	3b	4a	4b	5	6a	6b	6c	7
APE LAB	X	X	X	X	X	X	X	X	X	X	X	X	X			
ATHL LAB		X		X	X	X	X	X	X	X	X		X	X	X	X
ATHL LECTURE	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
DANCE LAB	X	X		X	X	X	X	X	X	X	X	X	X	X	X	X
DANCE LECTURE	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
KINES LAB	X	X		X	X	X	X	X	X	X	X	X	X	X	X	X
KINES LECTURE	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

4.2b Narrative (Optional)

4.2b Narrative:

The Kinesiology, Athletics, and Dance Cluster serves a variety of student populations and areas of focus:

- Adapted PE
- Student Athletes
- Kinesiology Transfer Majors
- Dance Certificates
- Yoga Teacher Training Certificate Students
- Fitness, Nutrition, and Health Certificate Students
- Athletic Training/Sports Medicine Transfer Students
- General physical fitness activity, dance, aquatic, combatives, team, and individual sport classes for the general student population.

Our classes and programs welcome all skill levels and abilities to engage safely and effectively in physical movement, skill performance, and the science of exercise. Our lecture classes in Kinesiology and Dance include: Introduction to Kinesiology for Kinesiology Majors, Principles of Health and Wellness for lifelong learning CSU general education, yoga teacher training, fitness

certificate courses, sports medicine, dance history, sport and society, coaching sports, and psychological aspects of sport to name a few. Many of these courses have a hands on component where students are able to apply what they have learned for real world application.

Our courses and programs are regularly assessed to make sure we are meeting student needs for their chosen activity modality, career, and/or academic or personal health related goal. Our department updates our curriculum to stay up to date and current with industry trends and evidence-based science. The KAD cluster updates curriculum as a team so there is dialogue among colleagues on updating curriculum for the various areas.

5.0 Performance Measures

5 Performance Measures:

1. Head Count

Fall 2020

Santa Rosa Campus 1512

Petaluma Campus 453

Other Locations 0

All Locations 1965

Spring 2021

Santa Rosa Campus 1423

Petaluma Campus 479

Other Locations 0

All Locations 1902

2. Enrollment Efficiency

Fall 2020

Santa Rosa Campus 69.7%

Petaluma Campus 82.5%

Other Locations 0.0%

All Locations 72.2%

Spring 2021

Santa Rosa Campus 68.0%

Petaluma Campus 80.3%

Other Locations 0.0%

All Locations 70.7%

3. Average Class Size

Fall 2020

Santa Rosa Campus 20.3

Petaluma Campus 28.3

Other Locations 0.0

All Locations 21.7

Spring 2021

Santa Rosa Campus 17.9

Petaluma Campus 25.7

Other Locations 0.0

All Locations 19.4

4. Instructional Productivity

Fall 2020

Santa Rosa Campus 11.95

Petaluma Campus 15.52

Other Locations 0

All Locations 12.25

Spring 2021

Santa Rosa Campus 12.33

Petaluma Campus 16.65

Other Locations 0

All Locations 12.76

5. Retention

Fall 2020

Santa Rosa Campus 88.7%

Petaluma Campus 76.4%

Other Locations 0.0%

All Locations 89.0%

Spring 2021

Santa Rosa Campus 87.7%

Petaluma Campus 78.0%

Other Locations 0.0%

All Locations 85.9%

6. Course Completion

Fall 2020

Santa Rosa Campus 88.3%

Petaluma Campus 74.0%

Other Locations 0.0%

All Locations 85.0%

Spring 2021

Santa Rosa Campus 86.4%

Petaluma Campus 78.0%

Other Locations 0.0%

All Locations 84.4%

7. Grade Point Average

Fall 2020

Santa Rosa Campus 3.56

Petaluma Campus 2.93

Other Locations 0.0

All Locations 3.38

Spring 2021

Santa Rosa Campus 3.54

Petaluma Campus 3.18

Other Locations 0.0

All Locations 3.45

5.1 Effective Class Schedule: Course Offerings, Times, Locations, and Delivery Modes (annual)

5.1 Effective Class Schedule: Course Offerings, Times, Locations, and Delivery Mode:

1. Yes. The KAD Cluster offers a very wide range of classes, with varying times and special target times to ensure maximum enrollment and maximum convenience for our students, and faculty who take our classes. Our classes run from 6:00am until 9:00pm, Monday through Saturday.

2. Yes. The KAD Cluster offers great geographic distribution. We currently offer full programs in Santa Rosa and Petaluma. Kinesiology Lecture, Activity, and Dance are offered at both Petaluma and Santa Rosa campuses. Athletics is only on Santa Rosa Campus due to the facilities available.

3. The KAD Cluster has been a leader in offering on-line classes. We have consistently grown this area. We have also created many hybrid courses as well. We have created fully on-line activity classes. This is an area we could grow even more.

4. We have a variety of certificate and transfer majors to meet student career and academic goals including: Dance majors and certificate, Fitness, Nutrition, and Health Certificate/major, Kinesiology TMC Major, Sports Medicine Prep Major, and a Yoga teaching certificate.

5. Yes. We can always improve on what we do. Areas that our cluster could improve on include:

a. On-Line Instruction / Accessibility: We could increase our on-line offerings in the area of activity classes.

b. We are currently working on creating some hybrid courses for the weight room - These courses could help with the flexibility in the weight room.

c. Our cluster can improve the offerings by creating new courses that keep our area current with the private business trends.

d. Continue to monitor enrollment trends and offer more sections of highly enrolled courses.

e. Training more faculty about teaching on-line and making sure our courses are of the highest quality.

5.2a Enrollment Efficiency

5.2 Enrollment Efficiency

The courses offered by KAD are slightly below the efficiency targets of the District at this time. This decrease is due to many factors, non more than Covid -19 and our limited ability to offer in-person courses. Witht the return to campus with the schedules and the increase in course offerings we should start to see a increase in the efficiency numbers. The department has worked very hard on curriculum to give students multiple options to enroll in classes needed to reach their educational and life goals.

Enrollment efficiency and class maximums are being addressed in athletic classes. KAD has 17 athletic programs, some very large and some very small. These adjustments will help in the future with the efficiency of the cluster.

Data Element:	Fall 2020	Spring 2021	Fall 2021
Enrollment Efficiency	72.2%	70.7%	71.35%

5.2b Average Class Size

5.2b Average Class Size:

Discipline -

Discipline	F2020	S2021
Aquatics	17.5	
Athletics	20.9	
Combative	27.0	
Dance	17.8	
Fitness	22.1	
Individual	12.0	
Kinesiology	24.2	
Physical Education (PHYED)	0.0	
Team	0.0	
ALL Disciplines	21.7	

5.3 Instructional Productivity

5.3 Instructional Productivity:

The KAD Dean and Department Chair analyze enrollment reports, EMS data, and communicate with faculty to help ensure productive class offerings. With the reduction of class offerings and returning back to campus we are working to raise our productivity back to 17+.

Data Element:	Fall 2020	Spring 2021	Fall 2021
Instructional Productivity	12.25	12.76	13.08

5.4 Curriculum Currency

5.4 Curriculum Currency:

- The KAD department has completed SLOs for many of its courses and have held workshops over the last year to improve the number.
- Over 300 assessment projects have been completed and approved.
- All courses up for six year review have been submitted.
- Activity courses have been placed in Similar Activity Groups (SAGs) and new courses or levels have been created to satisfy changes in repeatability of KAD courses.

5.5 Successful Program Completion

5.5 Successful Program Completion (annual):

Core courses for Fitness Certificate are offered once a year to make sure students can complete certificate in one year if desired.

Department	Cert Code	TOP	Description	Prog Type	Units	2020 2021	2021 2022
PE- Kinesiology, Athletics and Dance	1009	100800	Dance	AA-T	24.00	3	1
PE-Kinesiology, Athletics, & Dance	1051	127000	Kinesiology	AA-T	32.50	3	0
PE-Kinesiology, Athletics, & Dance	1057	122800	Kinesiology: Sports Medicine Preparation	AA-T	33.00	1	1
			Kinesiology: Athletic Training Preparation	AA-T	29.00	0	1
PE-Kinesiology, Athletics, & Dance	1058	083520	Fitness, Nutrition, and Health	AA-O	28.50	1	2
			Fitness: Nutrition and Health	AA-O	30.00	8	1
PE-Kinesiology, Athletics, & Dance	2068	127000	Kinesiology (AA-T)	AA-T	24.00	5	2
PE-Kinesiology, Athletics, & Dance	3233	100800	Dance: Choreography and Performance	Cert	15.00	0	1
PE-Kinesiology, Athletics, & Dance	3235	100800	Dance: Modern Dance	Cert	12.50	1	0
PE-Kinesiology, Athletics, & Dance	3236	100800	Dance: Jazz	Cert	12.50	1	0
PE-Kinesiology, Athletics, & Dance	3331	083520	Fitness, Nutrition, and Health	Cert	24.50	0	2
			Fitness, Nutrition and Health	Cert	26.50	10	0
PE-Kinesiology, Athletics, & Dance	5079	083520	Yoga: 200-Hour Teacher Training	Cert	10.00	20	9

5.6 Student Success

5.6 Student Success

Average GPA for academic year 2020-2021

Fall	3.38
Spring	3.45
Summer	3.43

Retention Rate for Academic Year 2020-2021

Fall	89.0%
Spring	85.9%
Summer	90.0%

Completion Rates for Academic year 2020-2021

Fall	85.0%
Spring	84.4%
Summer	89.1%

5.7 Student Access

5.7 Student Access

Students KAD served by Ethnicity for Academic Year 2020-2021:

This data is for all courses at all locations by department:

KAD Department	Total	Percent
White	1,991	40.41%
Asian	91	2.8%
Black	140	3.13%
Hispanic	1,590	33.23%
Native American	32	.74%
Pacific Islander	35	.82%
Filipino	36	1.02%
Other Non-White	339	7.42%
<u>Decline to State</u>	<u>317</u>	<u>7.21%</u>
Total	4,571	

1. Students from diverse backgrounds enroll in KAD classes at rates equal to or greater than the District as a whole.
2. The student population has changed slightly over the past 4 years. There is an increasing number of Hispanic students enrolled in the KAD Department as is the case with the institution.

Outreach is a vital part of the KAD Department. The department actively recruits students and participates and provides a number of community outreach projects. Athletic Programs are very active in recruiting students from underrepresented groups.

5.8 Curriculum Offered Within Reasonable Time Frame

5.8 Curriculum Offered Within Reasonable Time Frame

All courses that are part of a major or certificate are offered within a reasonable time frame. At the least, once per year.

We have adjusted and added additional sections of courses for the Fitness, Nutrition, and Health Certificate and the Yoga teacher training certificate during the evening and weekends to accommodate working students.

The majority of our classes are offered every semester.

5.9a Curriculum Responsiveness

5.9a Curriculum Responsiveness (every third year):

We are actively writing and re-writing current and new curriculum in order to keep up with new majors, certificates, student needs and labor market demand.

KAD department has been responsive to the changing repeatability guidelines by the State. The KAD department continually writes new levels to add to their activity course families. The KAD department also has updated all of its curriculum and is current with the 6 year cycle.

Over the last few years the KAD department has increased its lecture courses both in person and on-line.

CTE

The Fitness, Nutrition, and Health Certificate/Major continues to thrive. KAD also has a booming Yoga Teacher Training program and is working on a Pilates Teacher Training Program. There are currently over 20 advisory board members that serve both of these programs and provide feedback, five are adjunct faculty that teach in the program. We have a broad variety of members from different areas in the fitness industry. The advisory board continues to review curriculum for currency and providing feedback on the program and its ability to fulfill industry need.

The Santa Rosa Junior College Kinesiology: Sports Medicine Preparation Associate of Arts degree provides students with the opportunity to meet the requirements for transfer to various allied health and kinesiology majors. The major is intended for students who are pursuing academic programs and/or careers in fields of kinesiology or medicine such as:

Athletic Training
Physical Therapy
Physician Assistant
Strength & Conditioning
Physical Education
Occupational Therapy
Adapted Physical Education
Chiropractic

5.9b Alignment with High Schools (Tech-Prep ONLY)

5.9b Alignment with High Schools

Not applicable

5.10 Alignment with Transfer Institutions (Transfer Majors ONLY)

5.10a Alignment with Transfer Institutions

The majority of CSUs have articulation agreements for our transfer courses in the Kinesiology Major. Kinesiology refers to the study of the art and science of human movement. It is an overarching area of study that houses a variety of related disciplines ranging from physical education to health to sport. Students whom complete the AA-T in Kinesiology have the opportunity to transfer to the CSU's as well as the UC's. SRJC KAD has implemented many Kinesiology lecture courses that the students can take.

5.11a Labor Market Demand (Occupational Programs ONLY)

5.11a Labor Market Demand (Occupational Programs):

Fitness, Nutrition, and Health Certificate/Major

Yoga 200 Hour Teacher Training Certificate

SPORTS MEDICINE PREPARATION

Local Occupational Outlook

Jobs for Fitness Trainers and Aerobic Instructors between 2006 and 2016

Area	Expected Increase	Faster than average growth rate for all occupations?	New Jobs	Additional Replacement Openings
Sonoma County	21.4%	Yes	150	130
SF Bay Area	10.5%	Yes	300	540
California	21.8%	Yes	7,200	6,200

Salary Range/Median for Fitness Trainers and Aerobic Instructors

Sonoma County	\$19.16 hourly	\$39,861 annually
SF Bay Area	\$20.05 hourly	\$41,695 annually
California	\$18.32 hourly	\$38,123 annually

Source: EDD/LMID Occupational Employment Statistics Survey, 2009 at www.labormarketinfo.edd.ca.gov/?PageID=1009. Wages do not reflect self-employment.

National Occupational Outlook

Fitness workers held approximately 261,100 jobs in 2008. About 61% worked in fitness and recreational sports centers, 13% worked in civic and social organizations, and about 9% were self-employed. Many fitness jobs are part-time and many workers have multiple jobs teaching or training at several locations including client homes.

Employment of fitness workers is expected to increase 29 percent over the 2008–18 decade, which is much faster than the average for all occupations. This gain is attributed to a growing number of people spending time and money on fitness and businesses awareness of the benefits of health and fitness programs for their employees.

Some other factors include aging baby boomers that are increasingly becoming concerned about staying fit and healthy and the reduction of physical education programs in schools prompting parents to seek out other methods to combat obesity. There is a growing trend of parents hiring personal trainers for their children and gyms designed exclusively for kid friendly fitness. Participation in yoga and Pilates is expected to continue to increase, driven in part by an aging population needing low impact forms of exercise.

Fitness professionals with degrees in fitness-related subjects will have better opportunities due to the fact that the clients perception is that a degree equals higher quality training. “Trainers who incorporate new technology and wellness issues as part of their services may be in more demand.”

Source: Bureau of Labor Statistics, U.S. Department of Labor, *Occupational Outlook Handbook, 2010-11 Edition*, Fitness Workers, on the Internet at <http://www.bls.gov/oco/ocos296.htm> (visited **March 18, 2010**).

Net Job Market

Given the number of enrollments that are projected for the program, it appears that there will be more than enough local openings annually to permit placement of graduates. The job market is growing steady and faster than average for all other occupations.

Area	Annual Job Openings
Sonoma County	28
SF Bay Area	84
California	1,340

Program Credibility

Personal trainers can advance to head or lead trainer, with responsibility for supervising and personal training staff and bringing in clients. Group exercise instructors may be promoted to group exercise director or coordinator, with responsibility for auditioning and hiring new instructors, coordinating the group exercise schedule, and evaluating current instructors. Many fitness instructors may consider opening their own training studio or starting their own business training outdoor bootcamp style classes or starting franchises such as Stroller Strides and Curves. To move to a club or general management level positions within the fitness industry a bachelor's degree is often required. Some of the courses in the certificate will transfer toward a degree in Kinesiology.

Career Potential

Students will need to take additional continuing education throughout their career to remain current as the health, fitness, and nutrition field is constantly evolving. This certificate teaches both basic theory and application. Many currently employed fitness instructors have only had a weekend training and certification test. This certificate would greatly improve their expertise and quality of instruction. The practical application component of the certificate will prepare students in the field. This aspect is lacking as expressed by many employers. After successfully completing the certificate, fitness instructors will have experience in leading different formats of group classes, incorporating a wide variety of training techniques, and provide nutrition and wellness guidance to their clients.

5.11b Academic Standards

5.11b Academic Standards (every third year):

Academic Standards are addressed at department meetings. We have increased the academic rigor of our activity courses which include lectures, quizzes, exams, reading assignments, textbooks, instructor prepared materials, and written work. Students not only engage in learning safe and effective techniques in sport, exercise, and dance but learn the fundamentals of fitness, health, biomechanics, wellness, and health.

6.1 Progress and Accomplishments Since Last Program/Unit Review

Rank	Location	SP	M	Goal	Objective	Time Frame	Progress to Date
0001	ALL	08	02	Hire additional administrative support; a. Assistant athletic director b. Sports information director c. Game day operations director	Looking for one position to support students and staff at 100% either a classified or release time position.	has been a need for awhile	No Progress has been made to date/District Funds
0002	Santa Rosa	01	06	Upgrade existing equipment and labs to meet student needs.	continue to up keep our equipment for classrooms and teams	Ongoing	Improvement with WiFi has been accomplished, Live Streaming equipment has been upgraded
0003	ALL	00	00	Student Success Liaison	support student athletes at SRJC	1-3 years	50% faculty release time to serve students- No Progress has been made to date/district funds
0004	Santa Rosa	06	06	Effectively manage bond measure funds to complete existing facility projects as well as new facility projects in KAD	New KAD facilities	3 more years	bond, district and state funds Phase 1 and 2 are almost complete - very positive. Phase 3 starts in January 2023.
0005	ALL	00	00	curriculum development and implementation	Curriculum development to upgrade offerings - make more current	1-3 years	Faculty have made significant improvements and updates with KAD curriculum.

6.2b PRPP Editor Feedback - Optional

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6.3a Annual Unit Plan

Rank	Location	SP	M	Goal	Objective	Time Frame	Resources Required
0001	ALL	01	02	Student Success Liasion	support student athletes at SRJC	1 -2 years	FT faculty member hired for KAD area
0002	ALL	08	02	Hire additional adminisatrive support; a. Assistant athletic director b. Sports information director c. Game day operations director	Looking for two position to support students and staff at 40% release time per semester (total 1.6 FTEfor the year for two full-time faculty members	has been a need for awhile	district funds
0003	Santa Rosa	06	06	Effectively manage bond measure funds to complete exisiting facility projcts as well as new facility projects in KAD	New KAD facilities	3 more years	bond, district and state funds
0004	Santa Rosa	01	06	Restart our Social Educaiton for Student-Athletes	Trainings and events to educate our student-athletes on important and sensitive social issues.	1 year and ongoing	Fundraised money
0005	ALL	02	01	curriculum development and SLO assessment	Curriculum development to upgrade offerings - Assess all SLO's in 6 year course cycle and assess all program and certificate slo's.	1-2 years	district college service from full time faculty
0006	ALL	06	07	increase KAD Productivity -	Work towards getting KAD productivity closer to 17.5	1-2 years	Chair and Faculty scheduling time